



Thomas Penders, MD Receives Fellowship Status in American Psychiatric Association

**For Immediate Release
January 15, 2010**

(Washington, N.C.) Beaufort Regional Health System is proud to announce that Thomas Penders, M.D. was recently named as a Fellow in the American Psychiatric Association (APA) for his contributions in the field of psychiatry and for the advancement of the APA goals. Becoming a Fellow is an honorary designation that was created by the APA Membership Committee and Board of Trustees to recognize early career members who have demonstrated allegiance to their profession and commitment to the on-going work of the Association.

Dr. Penders has been with the health system since 2004 and has a psychiatry practice, Pamlico Psychiatric located in Washington. In addition, he is the Medical Director of the Ray G. Silverthorne Crisis Center, Tideland Psychiatric Services and the Inpatient Behavioral Health Unit at Beaufort County Medical Center. Dr Penders is currently serving a second consecutive term as Chief of the Medical Staff at the hospital. In addition, he is an Associate Professor of Psychiatry with the Brody School of Medicine.

“Dr. Penders has been the driving force in leading the effort to expand the mental health services in our region over the past several years,” said Bill Bedsole, Chief Executive Officer of Beaufort Regional Health System. “Under Dr. Penders leadership, we now provide a full continuum of high-quality and easily accessible psychiatric services in Beaufort and surrounding counties. This recognition is well deserved.”

Beaufort Regional Health System is a healthcare system that includes an acute care hospital, physician practices and other healthcare delivery organizations who work together to provide a broad range of inpatient and outpatient services. Our primary mission is to provide safe, high-quality, cost-effective, personalized primary and secondary healthcare consistent with patient needs in our service area.

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